

*"If it is to be, it is up to me"/ "Dream, Believe, Achieve"*

### Up and Coming Events/Reminders

**15.3.24 Red Nose Day:** The theme for the day is do something funny for money, therefore we are asking children to come dressed to school wearing something that will make people smile. For example, they could wear their pj's, wear clothes back to front or even clothes that clash.

[Donate | Comic Relief](#)

**18.3.24 Parent Teacher Consultation Week,** if you have not yet been in contact with the class teachers regarding appointments, please send them a dojo to organise for this week!

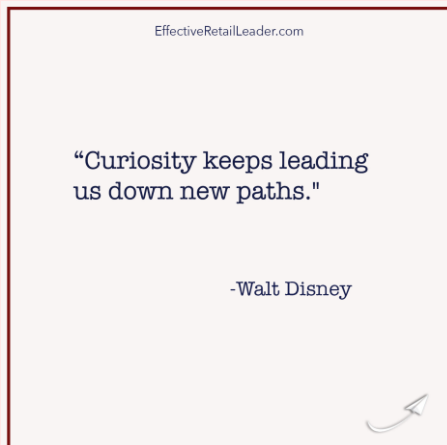
**22.3.24 End of Term**

### Term Dates:

**Spring 1:** Mon 8<sup>th</sup> Jan – Fri 9<sup>th</sup> Feb

**Spring 2:** Tues 20<sup>th</sup> Feb – Fri 22<sup>nd</sup> Mar

### Word of the week: Curious



### This week's recommended read

This week's recommended read is a classic book called '**Tiddler**' by Julia Donaldson and Axel Scheffler. This colourful book is about Tiddler who is the smallest fish who tells the tallest tales in the ocean. But did he *really* ride a seahorse? Did he *really* meet a mermaid? And what about the scariest story of them all – the one about the fishermen and the net? Who is going to believe him with his big imagination! Click the link below to watch the read along and see the beautiful illustrations of life under the water.

[Tiddler - An underwater fish story to make all children smile - YouTube](#)

### Wellbeing Weekly

This is a great online resource providing advice to support children's mental health and wellbeing.

<https://wf-i-can.co.uk/>

Wakefield Families together

<https://www.wakefieldfamilies-together.co.uk/>

Support and advice for families

<https://www.nhs.uk/healthier-families/>

Promotes healthy lifestyle choices from recipe ideas to physical activity.

Please see the links below to support parent wellbeing.

[Looking After Yourself As A Parent | YoungMinds](#)

[Parents' Guide to Looking After Your Mental Health | YoungMinds](#)

### Any other news

Reminder that the Spring Discos are taking place today in the hall! The times are below for each year group and if you have a ticket for this event, it will include music, hot dogs and drinks!

Year 1 & Year 2: **3.45 – 4.45**

Year 3 & Year 4: **5.00 – 6.00**

Year 5 & Year 6: **6.15 – 7.15**

Below is the link you can use to donate to Comic Relief for Red Nose Day on 15<sup>th</sup> March!

[Donate | Comic Relief](#)