

"If it is to be, it is up to me"/ "Dream, Believe, Achieve"

Up and Coming Events/Reminders

18.3.24 Parent Teacher Consultation Week, if you have not yet been in contact with the class teachers regarding appointments, please send them a dojo to organise for this week!

22.3.24 End of term award assembly

22.3.24 End of Term – Easter Holidays!

8.4.24 Start of term

26.4.24 Year 4 Sleepover

Term Dates:

Spring 1: Mon 8th Jan – Fri 9th Feb

Spring 2: Tues 20th Feb – Fri 22nd Mar

Word of the week: Courageous



This week's recommended read

This week's recommended read is called '**The owl who was afraid of the dark**' and is a very heart-warming classic full of animal antics written by Jill Tomlinson. The story is about Plop who is a baby barn owl who is like every barn owl there ever was, except for one thing – he is afraid of the dark. "Dark is nasty" he says and so he won't go hunting with his parents! Mrs Barn Owl sends him down from his nest-hole to ask about the dark and he meets a little boy waiting for the fireworks to begin, an old lady, a scout out camping, a girl who tells him about Father Christmas, a man with a telescope and a black cat who takes him exploring. He realizes that through these encounters that dark is super after all. Click the link below for the read along

[Kate, HRH The Duchess Of Cambridge - The Owl Who Was Afraid of the Dark \(youtube.com\)](#)

Wellbeing Weekly

This is a great online resource providing advice to support children's mental health and wellbeing.

<https://wf-i-can.co.uk/>

Wakefield Families together

<https://www.wakefieldfamilies-together.co.uk/>

Support and advice for families

<https://www.nhs.uk/healthier-families/>

Promotes healthy lifestyle choices from recipe ideas to physical activity.

Please see the links below to support parent wellbeing.

[Looking After Yourself As A Parent | YoungMinds](#)

[Parents' Guide to Looking After Your Mental Health | YoungMinds](#)

Any other news

50 things 5 to 11 app: Please see the **School Story on Dojo from March 19th** from Mrs Wilson with all the information and attachment regarding the app and where you can access a survey for a chance to win a bike! The 5 to 11 app is designed to be used by primary school aged children and their families to explore their local area whilst engaging in fun free and low cost activities.

See Dojo for posters with events and activities that are taking place during the Easter holidays that you may be interested in!