

*"If it is to be, it is up to me"/ "Dream, Believe, Achieve"*

### Up and Coming Events/Reminders

**7.3.24 World Book Day:** We are inviting children on this day to come dressed as a word, e.g tired (wearing pyjamas) or love (wearing red or hearts). You can be as creative as you would like but please ensure it is appropriate clothing and footwear. During the day we will be taking part in activities linked to our whole school chose text 'Leaf' by Sandra Dieckman.

**15.3.24 Red Nose Day:** The theme for the day is do something funny for money, therefore we are asking children to come dressed to school wearing something that will make people smile. For example, they could wear their pj's, wear clothes back to front or even clothes that clash.

**18.3.24** Parent Teacher Consultation Week

**22.3.24** End of Term

#### Term Dates:

**Spring 1:** Mon 8<sup>th</sup> Jan – Fri 9<sup>th</sup> Feb

**Spring 2:** Tues 20<sup>th</sup> Feb – Fri 22<sup>nd</sup> Mar

### Word of the week: Caring



### This week's recommended read

Again this week's recommended read is a book called 'Leaf' by Sandra Dieckman. This book is linked to our World Book Day today! We will be taking part in activities relating to this book throughout the day! This story is a beautifully illustrated book about a polar bear who arrives unexpectedly in the woods, the other animals fear and avoid him as they suspect he may be a danger... he also has an odd habit of collecting leaves which only adds to their distrust! Then one day, they watch as he attempts to fly over the water with his colourful leaves while trying to get back home. Perhaps he isn't so different after all? To read along and see the fantastic illustrations, click the link below.

[Leaf by Sandra Dieckmann \(youtube.com\)](https://www.youtube.com/watch?v=...)

### Wellbeing Weekly

This is a great online resource providing advice to support children's mental health and wellbeing.

<https://wf-i-can.co.uk/>

Wakefield Families together

<https://www.wakefieldfamilies-together.co.uk/>

Support and advice for families

<https://www.nhs.uk/healthier-families/>

Promotes healthy lifestyle choices from recipe ideas to physical activity.

Please see the links below to support parent wellbeing.

[Looking After Yourself As A Parent | YoungMinds](#)

[Parents' Guide to Looking After Your Mental Health | YoungMinds](#)

### Any other news

On Dojo School Calendar there is a new post regarding the Spring Disco which is taking place on the 14<sup>th</sup> March!

Tickets are available now in your child's classroom at a price of £3 which includes hot dogs and drinks.

Year 1 & Year 2: **3.45 – 4.45**

Year 3 & Year 4: **5.00 – 6.00**

Year 5 & Year 6: **6.15 – 7.15**

Below is the link you can use to donate to Comic Relief for Red Nose Day on 15<sup>th</sup> March!

[Donate | Comic Relief](#)